**Reading**

 **Read and answer the questions.**

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|  **A Day in the Life of an Astronaut**Astronauts have a lot to do in space every day. They talk to Mission Control (מרכז בקרת המשימה / مركز مراقبة المهمة) every morning to plan their day.It is difficult to walk in space so the astronauts need to do sports every two hours. It is important that they stay healthy in space.Astronauts eat three meals every day. It is difficult to taste or smell food in space so it is impossible to enjoy meals. Astronauts don’t eat fresh food. They heat their meals in a microwave (מיקרוגל / مايكروويف).Astronauts have free time in the evenings and on the weekends. They read their favorite books, watch movies and listen to music.The astronauts talk to their husbands or wives and children once a week.It is difficult to sleep in space. Astronauts have special sleeping bags and they sleep for about 6-8 hours. Their days are full and they are always very tired. |

**1 Write *true* or *false*.**

1. Astronauts have a lot to do in space. .........................

2. Astronauts talk to Mission Control every evening. .........................

3. It is easy to walk in space. .........................

4. Astronauts need to do sports to stay healthy. .........................

5. Astronauts eat two meals every day. .........................

6. Astronauts have specila sleeping bags. .........................

7. Astronauts are never tired. .........................